



**AOTA**

# INSPIRE

2025 Annual Conference & Expo | April 3–5

[inspire.aota.org](https://inspire.aota.org)

Register by February 3 to save!

# Inspire Your Practice at AOTA INSPIRE | 2025 Annual Conference & Expo

Join the largest gathering of OT practitioners and students in the world at AOTA INSPIRE 2025, April 3–5 in Philadelphia. Together, we'll connect, learn, and inspire one another as we explore new strategies and approaches to make a meaningful impact in clients' daily lives.

Discover diverse sessions, hands-on learning opportunities, and innovative strategies to inspire your professional growth and amplify your contributions. Strengthen your expertise, explore new possibilities, and connect with a vibrant community of peers and thought leaders.

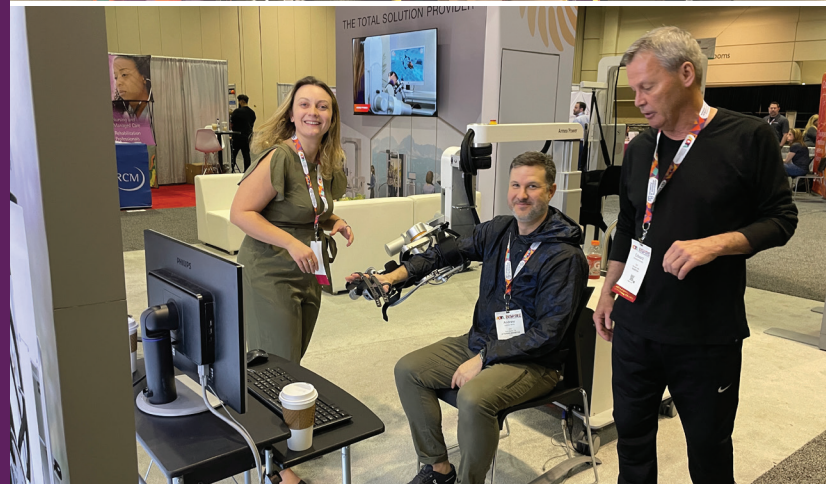
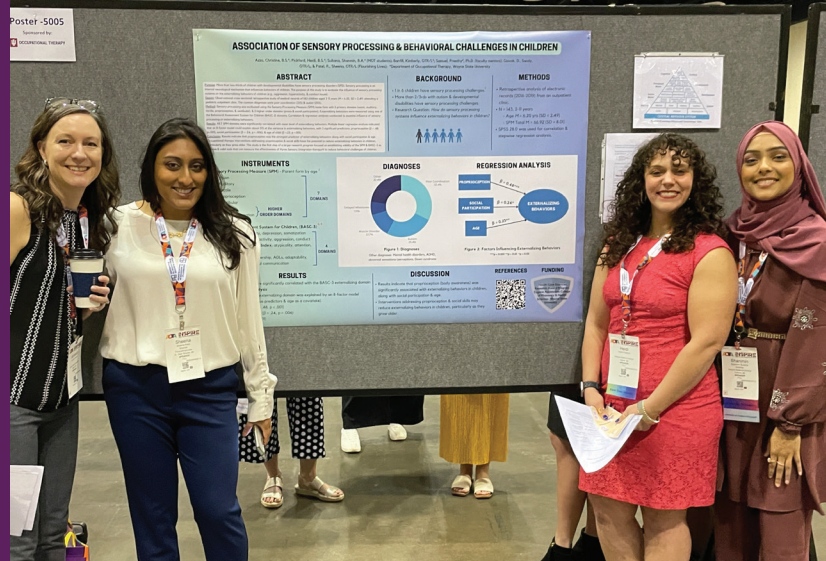
Don't miss this opportunity to be inspired, empowered, and equipped to thrive in your practice.

## Session Types

Explore diverse session types designed to deepen your expertise and provide practical strategies for enhancing client outcomes.

- ▶ **Workshops**—3-hour sessions that feature intermediate and advance-level content.
- ▶ **Short Courses**—1-hour sessions that explore a variety of topics.
- ▶ **Tech Labs**—Hands on, interactive opportunities that explore high and low technology products.
- ▶ **Clinical Application of Research Panels**—Multiple perspectives on topical areas in scientific research.
- ▶ **Poster Sessions**—Cutting-edge research and the opportunity to discuss the findings one-on-one with the presenter.

Register today at [inspire.aota.org](https://inspire.aota.org)



## Conference at a Glance Wednesday, April 2

### Pre-Conference Institutes

Kick off your AOTA INSPIRE 2025 experience with an in-depth dive into specialized topics at our Pre-Conference Institutes. With 15 unique Institutes to choose from, these intensive sessions offer focused learning opportunities led by industry experts. Gain practical tools and insights you can immediately apply to your practice. Separate registration is required—don't miss this opportunity to expand your expertise and maximize your conference experience!

- ▶ **Institute 001:** An Occupational & Biophysiological Approach to Lower Extremity Assessment for Fall Prevention & Mobility Enhancement
- ▶ **Institute 002:** Advocacy in Practice: Deliver & Communicate Value in Your Acute or Postacute Care Setting
- ▶ **Institute 003:** Orthotic Fabrication Boot Camp! Orthoses for the Hand, Fingers, & Thumb Made Easy
- ▶ **Institute 004:** Near-Peer Debriefing: A Catalyst for Competency-Based Simulation Learning
- ▶ **Institute 005:** Trauma-Informed Educators Certification Course
- ▶ **Institute 007:** Foundations of Lifestyle Redesign®
- ▶ **Institute 008:** Home Modifications: Expanding Your Skills to Meet the Growing Community Needs
- ▶ **Institute 009:** CarFit Technician Training Plus Event Coordinator Training
- ▶ **Institute 010:** Doctoral Capstone Coordinator Training
- ▶ **Institute 011:** OT Curriculum Design Framework Workshop
- ▶ **Institute 012:** Building Your “Outside the OT Box” Business
- ▶ **Institute 013:** Implementing Sensory Integration Services in Schools: Aligning Assessment Outcomes & Treatment Plans With Common Core State Standards
- ▶ **Institute 014:** Reiki: A Biofield Energy Complementary Health Modality Used With OT, Level I, Certificate Provided
- ▶ **Institute 015:** Cortical Visual Impairment in Pediatric Rehabilitation

### Vision 2030 Launch Celebration

**2:00 pm–4:00 pm**

Come together as an AOTA community to learn more about Vision 2030 and our strategic priorities in the coming years! Join us on Wednesday, April 2 from 2:00 PM–4:00 PM to hear directly from AOTA's Strategic Planning Advisory Committee, Board members, staff, and AOTA's consultant, Vetted Solutions, about the inclusive strategic planning methodology employed to drive the development and launch of this critical work. A live stream option will also be available. Let's raise a glass together to toast the next steps on AOTA's strategic journey!

### ASD Connection Gathering

**6:30 pm–8:00 pm**

The Assembly of Student Delegates Steering Committee (ASDSC) is excited to welcome the Assembly of Student Delegates to kickoff AOTA INSPIRE 2025. Join your peers for an evening gathering where we'll celebrate our successes, share insights on SOTA initiatives, network for creative collaboration opportunities, and provide updates on our institutions.

Participation in the gathering is free and limited to current ASD representatives and ASD alternates. Preregistration is required.

### Download the App

Want to learn more about the speakers? Looking for their handouts? Find them in the app!



### DAILY HIGHLIGHTS

#### Pre-Conference Institutes

12:00 pm–6:30 pm

#### Vision 2030 Launch Event

2:00 pm–4:00 pm

#### ASD Connection Gathering

6:30 pm–8:00 pm

#### SIS Networking Reception

7:30 pm–9:00 pm

## Conference at a Glance Thursday, April 3

### **We R.I.S.E.**

**11:15 am–12:30 pm**

#### **Darlene Santore**

Darlene Santore, better known as “Coach Dar,” will open the conference with an inspiring keynote presentation that will help us rise personally, and professionally, taking our profession to new heights. From working in the traditional setting to pioneering a new path for occupational therapists, Coach Dar will share her inspiring story and give tips on removing roadblocks, igniting the passion within, seizing opportunities, and elevating our mindsets. You won’t want to miss this one!



**Darlene Santore**  
“Coach Dar”

growth tools, advocacy opportunities, and exciting ways to get involved. Browse AOTA Press books to support your professional journey, and discover OT Month and AOTA-branded products to showcase your OT pride.

### **From Awareness to Integration: Elevating DEI/JAB in Occupational Therapy**

**3:00 pm–4:15 pm**

#### **Shirley A. Wells, DrPH, OTR, FAOTA**

As global communities increasingly embrace Diversity, Equity, Inclusion, Justice, Access and Belonging (DEI/JAB), the journey must go beyond mere awareness and symbolic gestures. In this interactive presentation, Wells will explore how occupational therapy practitioners can lead the way in integrating DEI/JAB principles into their practice, moving from celebration to systemic change.



**Shirley A. Wells, DrPH, OTR, FAOTA**

Attendees will gain insights on fostering cultural shifts, promoting institutional reforms, and ensuring accountability. By deeply embedding DEI/JAB values into all facets of care, we can create a more just and inclusive environment where every individual has the opportunity to thrive. The inaugural Dr. Lela A. Llorens Award of Excellence for Diversity Equity & Inclusion is not to be missed.

### **Expo Grand Opening**

**12:30 pm–2:30 pm**

Immediately following the Keynote Address, join us in the Expo Hall as great food, friends, and finds fill the aisles. Visit with hundreds of companies that will empower you to address your clients’ current challenges. Boxed lunch included.

### **The AOTA Experience**

**12:30 pm–5:00 pm**

Explore the AOTA Experience to connect with AOTA staff ready to guide you on essential practice resources, career

## **DAILY HIGHLIGHTS**

### **Morning Buzz**

7:15 am–8:00 am

### **We R.I.S.E.**

11:15 am–12:30 pm

### **Expo Hall Grand Opening**

12:30 pm–2:30 pm

### **From Awareness to Integration: Elevating DEI/JAB in Occupational Therapy**

3:00 pm–4:15 pm

## **IMPORTANT TIPS AND REMINDERS**

### **Registration Hours**

6:45 am–5:30 pm

### **The AOTA Experience**

12:30 pm–5:00 pm

### **Expo Hall Hours**

12:30 pm–5:00 pm

### **Follow AOTA!**

Go to Facebook, X, (@AOTAInc), Instagram (@aotainc), and LinkedIn for the latest news and information using #AOTAInspire25

## Conference at a Glance Friday, April 4

### *The Future is Now: Shaping Tomorrow's Breakthroughs With Today's Actions*

**11:30 am–12:15 pm**  
**Alyson Stover, MOT, JD, OTR/L, BCP**

Occupational therapy stands at the intersection of innovation, client-centered care, and holistic health. It is a profession that doesn't just adapt to change—it drives it. Our focus on improving quality of life and enabling participation across all areas of life makes us the solution to some of the most pressing issues in health care. Join AOTA President Alyson Stover as she highlights how the future is being written now. Will you be part of creating it?



**Alyson Stover, MOT, JD, OTR/L, BCP**

change in the lives of those dealing with anxiety or caring for others who do. Through authentic storytelling, validation, practical insights, and community building, he hopes to be a catalyst for healing and support.

### *Shattering Glass Ceilings: Thriving in the Shadows of Underestimation and Collective Diversity*

**2:00 pm–2:45 pm**  
**Arameh Anvarizadeh, OTD, OTR/L, FAOTA**

As we journey towards Vision 2030, it's time to reimagine the role of occupational therapy within a rapidly evolving global landscape. This inaugural presidential address explores the power that often thrives in the shadows of underestimation, and how embracing communal diversity strengthens our collective identity. Through these themes, we'll delve into the transformative potential of our field, harnessing the synergy of science, systems changes, and inclusion to forge a visionary future for occupational therapy.



**Arameh Anvarizadeh, OTD, OTR/L, FAOTA**



### **AOTF Breakfast with A Scholar: A Journey Through Anxiety**

**David Anthony Rooney**

AOTF Breakfast With a Scholar (BWS) showcases scholars in other fields whose work impacts occupational therapy and provides inspiration for occupational therapy. David Anthony Rooney is an Emmy-winning filmmaker, author, and Guinness world record-breaking musician from Dublin, Ireland. His approach was born from thirty years of the 'lived experience'. Acting as a guide and companion on the journey to mental well-being, David will inspire positive

### **Download the App**

Looking for an exhibitor? Locate their booth with ease through the app's interactive map.



### **DAILY HIGHLIGHTS**

#### **A Journey Through Anxiety**

7:00 am–9:00 am

#### **The Future is Now: Shaping Tomorrow's Breakthroughs With Today's Actions**

11:30 am–12:15 pm

#### **Salsa Dance Break**

12:30 pm–1:15 pm

#### **AOTF State of the Science**

3:00 pm–5:30 pm

### **Shattering Glass Ceilings: Thriving in the Shadows of Underestimation and Collective Diversity**

2:00 pm–2:45 pm

### **IMPORTANT TIPS AND REMINDERS**

#### **Registration Hours**

7:00 am–5:30 pm

#### **The AOTA Experience**

10:00 am–5:00 pm

#### **Expo Hall Hours**

10:00 am–5:00 pm

## Conference at a Glance

### Saturday, April 5

#### International Breakfast: Creating Our Own Future Through Intentional and International Advocacy and Engagement

9:00 am–10:30 am

**Samantha Shann, WFOT President, MSc, PGCert, Dip COT (UK), FRCOT.**

Like every health profession, occupational therapy is impacted by the changing world and health environment. Occupational therapists need to understand what is impacting the health and social landscape today and in the future so we can meet the opportunities available to us as a profession.

By considering wide-reaching social, environmental, and systemic factors on individuals, communities, and populations' health and functioning, the presentation will reflect on the World Federation of Occupational Therapists (WFOT) work to continually increase occupational therapy's visibility and impact through ongoing interactions with member organisations, governments, and United Nations (UN) agencies, including the World Health Organization (WHO).

Drawing on personal and professional experiences in government, organisational, and service-level development, Samantha will explore how we can work globally, regionally, and nationally at all levels to ensure inclusive policies and initiatives provide equitable access to occupational therapy for all.

#### Precision Occupational Therapy Through Data Driven Decision Making

11:15 am–12:30 pm

**Roseann Schaaf, PhD, OTR/L, FAOTA**

Occupational therapy practitioners use multiple sources of information to solve complex problems and promote client

participation and quality of life. It is essential that the data we collect is relevant and thorough; and that we organize and interpret these data to create interventions that are personalized, meaningful, and effective. Precision Occupational Therapy is a solution that provides an occupation-centered, science-driven, and theory-based approach using data to design tailored interventions and measure outcomes.

Schaaf will show how employing this strategy led to the recognition of occupational therapy as an evidence-based profession and, in turn, improved payment for, and greater access to, occupational therapy services for underserved populations. In this Eleanor Clarke Slagle lecture, Schaaf challenges practitioners and researchers in all areas of practice to embrace Precision Occupational Therapy using data driven decision making to create evidence for occupational therapy.

#### Awards Ceremony & Reception

4:15 pm–6:45 pm

Recognize and celebrate AOTA and AOTF colleagues who have made significant contributions to enrich the OT profession.

#### AOTPAC Night

7:30 pm–10:30 pm

Join us for a fun and relaxing evening with your friends and colleagues while supporting AOTPAC and AOTA's advocacy efforts! There will be music, dancing, a photo booth and celebration; it is the place to be Saturday evening! Special rates apply and are a contribution to AOTPAC.

#### DAILY HIGHLIGHTS

##### International Breakfast

9:00 am–10:30 am

##### Precision Occupational Therapy Through Data Driven Decision Making

11:15 am–12:30 pm

##### Awards Ceremony

4:15 pm–6:45 pm

##### Awards Reception

4:15 pm–6:45 pm

##### AOTPAC Night

7:30 pm–10:30 pm

#### IMPORTANT TIPS AND REMINDERS

##### Registration Hours

7:30 am–3:30 pm

##### Expo Hall Hours

9:00 am–2:00 pm

##### The AOTA Experience

9:00 am–2:00 pm

## Registration Information

**Pre-Conference Institutes: April 2, 2025**  
**Conference: April 3–5, 2025**

**Pennsylvania Convention Center**

### Contact Hours

Earn up to 19.75 contact hours.

### Attendee Registration Fees Include Access To

- ▶ All general sessions (e.g., Keynote, Presidential Address, Slagle Lecture)
- ▶ Poster Sessions
- ▶ Awards Reception
- ▶ Unlimited entrance to the Expo Hall.

### Meals

Food is not included, except during the Expo Hall Opening Reception.

### Housing

**Housing Deadline: February 27, 2025**  
<https://aota2025.confencedirect.com/>

Reserving a room in the AOTA room block is an important way to support the Association and ultimately keep overall meeting costs as low as possible.

To receive AOTA's discounted rates, room reservations must be made through ConferenceDirect Housing. Individual hotels will not accept reservations at our group rate through any other method.

**ConferenceDirect Housing** is open Monday–Friday 9:00 am–7:00 pm ET, excluding federal holidays.

Phone: 877-510-4789

Email: [aota@confencedirect.com](mailto:aota@confencedirect.com)



# Pricing

## 1) Main Conference Registration Fees

REGISTRATION	Pricing		
	Early Ends 2/3/2025	Advance Ends 3/3/2025	Regular Starts 3/4/2025
<b>AOTA Member Full Conference</b>			
OT	\$480	\$510	\$550
OTA/Associate	\$435	\$475	\$510
Student/Retired	\$325	\$355	\$380
<b>Non-Member Full Conference</b>			
OT	\$700	\$730	\$770
OTA/Associate	\$625	\$655	\$695
Student/Retired	\$395	\$420	\$450
<b>AOTA Member Daily (Th, Fri, or Sat only)</b>			
OT	\$265	\$295	\$325
OTA/Associate	\$215	\$245	\$275
Student/Retired	\$195	\$220	\$245
<b>Non-Member Daily (Th, Fri, or Sat only)</b>			
OT	\$355	\$390	\$415
OTA/Associate	\$280	\$310	\$340
Student/Retired	\$235	\$265	\$295

## 2) Pre-Conference Institutes

If registered for Full or Daily Conference  
Registration: \$150

Without Conference Registration: \$195

## 3) Special Events

**ASD Connection Gathering:** This meeting is open to ASD Representatives & Alternates (Students ONLY. No fee to attend.)

**AOTF Breakfast with a Scholar (CE)**

Friday, April 4 | 7:00 am–9:00 am

▶ **Member/Non-member:** \$75.00

**AOTF State of the Science Symposium (CE)**

Friday, April 4 | 3:00 pm–5:30 pm

No Fee to attend. Open to all registrants

▶ **OTs/OTAs:** \$50

▶ **Students:** \$25

**International Breakfast**

Saturday, March 23 | 9:00 am–10:30 am

▶ **Member/Non-member:** \$60.00

**AOTPAC Night**

Saturday, April 5 | 7:30 pm - 10:30 pm

Join us for a fun and relaxing evening with your friends and colleagues while supporting AOTPAC and AOTA's advocacy efforts!

▶ **OTs/OTAs/Guests:** \$50

▶ **Students:** \$25



## Benefits of Attending

- ▶ **Fulfill Your Licensure Requirements with Ease:** Attain all the continuing education credits necessary in one convenient location for professional licensure recertification, streamlining the process for maintaining your professional credentials.
- ▶ **Immerse Yourself in a Variety of Engaging Sessions:** Elevate your skills and knowledge with diverse session types tailored to meet the needs of practitioners from all backgrounds.
- ▶ **Join a Global Gathering of Professionals:** Elevate your professional network by participating in AOTA INSPIRE, drawing practitioners and students worldwide in the largest events for occupational therapy practitioners and students in the world.
- ▶ **All-Encompassing Event Experience:** Streamline your learning, networking, and vendor interactions into a power-packed, two-day event with AOTA INSPIRE—an all-in-one experience designed for maximum impact.
- ▶ **Tailor Your Learning:** Unlock the flexibility to shape your conference experience based on your specialization or venture into new areas to explore.
- ▶ **Dive into a Multitude of Activities:** Immerse yourself in a vibrant atmosphere with 24-26 simultaneous activities, ensuring an engaging and dynamic experience throughout the conference.
- ▶ **Expertly Curated Content for Your Growth:** Access peer-reviewed sessions, guaranteeing content curated and validated by practice experts for your professional advancement.
- ▶ **Unleash the Full Power of AOTA INSPIRE:** Harness the potential of the conference app to optimize your AOTA INSPIRE experience and make the most out of every moment.
- ▶ **Beyond the Conference:** Elevate your social experience with alumni receptions, Philadelphia's historic attractions, and more.
- ▶ **In-Person Learning:** Immerse yourself in a rich and immersive learning experience with in-person continuing education, ensuring you maximize the value of your educational investment.

